



The Golden Age Fair - LAVENHAM

Brought to you by the Rural Coffee Caravan



Wednesday 21st March
Lavenham Village Hall
12.30pm – 3.30pm

This FREE Fair is open to all Suffolk residents but especially those of a “Golden Age” over 60’ish! Come and see over 20 organisations, who all provide a wealth of help and advice aimed at supporting you to stay fit, healthy and independent.

FREE entry and FREE refreshments

Slipper Exchange!

Bring in old worn out slippers to swap for **free new ones**, (while stocks last) and get Falls Prevention advice! Also **free walking stick ferrules** (**Rubber Tips**)

FREE five min hearing checks provided by...



FREE NHS Health checks!

PROVIDED BY ...

One Life Suffolk

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