

ARE YOU CURRENTLY LOOKING AFTER SOMEONE WHO IS IN HOSPITAL?



WHO IS LOOKING AFTER YOU?

Contact the hospital team on

Ipswich Hospital: 01473 703756

West Suffolk Hospital: 07887 903725

James Paget University Hospital: 01493 453831 or 07880 429372

Hospital admission is often a very anxious and overwhelming time for Family Carers.

Our Family Carer Hospital Advisers can:

- **Listen** and offer emotional support.
- Provide time to talk about your past, present or new caring role.
- Support through the **hospital admission and discharge** process.
- Support with hospital communication.
- Where appropriate, **signpost** to relevant organisations and services.
- Inform of your **carer's rights** within the hospital.
- Offer a post **discharge follow up** call.
- Support for **family carers admitted** into hospital.
- Support family carers who are **attending appointments**.

I feel in control again and very grateful for all the info, advice and time given to me. I would not be in such a good place if it wasn't for the support I received.

Thanks for all the help the adviser has given my mum, she has built up a lovely rapport with mum and has been very supportive during this difficult time.



ENSURING FAMILY CARERS ARE
VISIBLE **VALUED**
SUPPORTED AND
CONNECTED

01473 835477

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