## Meet ∵p Mondays™

Don't Be On Your Own

MeetUpMondays™ gives hospitality businesses the chance to strengthen their local community and show that the commercial world also cares about ending loneliness.



Network developed by



Do you feel like the weekend has dragged?

Could you do with some company?

Are you new to the area & would like to meet your neighbours or make new friends?

www.MeetUpMondays.org.uk



ONCE a week,
TWO hours of chat over
FREE tea and coffee
for people who might be fed
up with their own company,
giving them a chance to
meet others and connect
more with their community.

Visitors go along knowing they are guaranteed a warm welcome into a friendly environment where they will not stand out as being alone.





## Where are they held and where can I find out more?

To find your nearest MeetUpMondays<sup>™</sup> go to **www.meetupmondays.org.uk** and enter your postcode into our locations map or check through our list of venues. You can also find more information on the website about the MeetUpMondays<sup>™</sup> community and how you can get involved, or you can call our office on **01284 663 472** 

## There isn't a MeetUpMondays™ near me, what can I do about it?

Take this flyer to your local pub, café or tea room and tell them about it!

It's easy for them to join the network; we'll add

them to the map; the website and we'll

promote them on social media.
We'll send them a Welcome Pack which includes a window sticker, poster templates, coasters, 'Happy to Chat' badges & useful info, to welcome them to the official

MeetUpMondays™

all free of charge!

community,

happened to meet someone who turned out to live just round the corner from me! The
weekends are
the worst when you
haven't got anyone.
Coming here on a
Monday sets me up
for the rest of
the week.

It gives me a reason to get up, get dressed & get out in the morning.

I took my
Grandma along
because I thought
it would be good for
her. I love listening
to everyone's
stories.

I felt lost
when my other half
passed away. We'd done
everything together. I've
made lots of new
friends.

Do they only take place on Mondays?

No, the network caters for any day of the week!
Some venues prefer to hold their weekly sessions on other days.

Your business
will grow and your
heart will grow.
(Shelby,
MeetUpMondays™
host).

Everybody shows their kindness.

I sat in the car for 20 minutes before I got up the courage to....

on my own.

I needn't have
worried,
everyone was
so nice.

...go in