

Surviving Winter



CAN WE HELP YOU

STAY  
WARM?



Stay  
warm



Stay  
well



Stay  
connected

FOR HELP, PLEASE CALL 01473 298 634



**SUFFOLK**  
Community  
Foundation



# Are you struggling to meet your fuel bills this winter?

Suffolk charities and businesses have joined forces to encourage those who don't need their Winter Fuel Payment, to donate it or simply to make a donation.

We want to make sure that people in Suffolk don't have to choose between heating or eating, by helping with fuel bills but also in other ways such as home energy efficiency, smart fuel purchasing and debt management and other financial support.

**For help, please call the friendly  
Surviving Winter team at Citizen's  
Advice on 01473 298634**

**Following a brief chat, you could receive financial help and other support that will help you stay warm, stay well and stay connected.**



*We've had support with our heating bill several times now. £150 from the appeal this year. BUT we've also had help with our heating system and we've been given a brand new boiler and the team also helped us save a lot of money on our Anglian Water bills.*  
Susan

*I'm in my 70's and I'm not in the best of health and struggling on my own with just a basic pension I'm independent and I don't like asking for help and I felt really nervous about doing it, but I'm so glad that I did - now I can stay warm at home.*  
Georgette

*"Due to cancer, I found myself unable to work. I had thought that support was just for the elderly, but I rang up and spoke to the team at Citizens Advice - it was very simple and quick. I filled out a form and amazingly the money was with me within a week.*  
Nick

Kindly supported by:

**EAST ANGLIAN**  
DAILY TIMES

 **Suffolk**  
County Council

**Suffolk**  
Building Society

East of  
England  
**COOP**

 Suffolk's  
Warm Homes  
Healthy People

 citizens  
advice

If you would like to donate your Winter Fuel Payment, or make a donation to the appeal, please call Suffolk Community Foundation on 01473 602602 or visit [www.suffolkcf.org.uk](http://www.suffolkcf.org.uk)