



Registered charity 1187423

[www.ruralcoffeecaravan.org.uk](http://www.ruralcoffeecaravan.org.uk)

**is hosting a**

# WAYS TO WELLNESS WALK IN

**ALL WELCOME!**

**You're invited to our FREE  
informal coffee afternoon**

**FREE refreshments and a chance to  
chat with representatives from a  
whole range of services dedicated  
to your overall wellbeing**

## We're here to help with:

- Financial challenges
- Memory & mobility
- Physical & mental health & wellbeing
- Caring for loved ones
- Winter warmth & home safety

**WEDNESDAY**

**10<sup>TH</sup> DECEMBER 2025**

**2PM - 4PM**

**OTLEY VILLAGE HALL**

**CHAPEL ROAD,  
OTLEY IP6 9NT**

**Enquiries:**

**01284 663 472**

**[info@ruralcoffeecaravan.org.uk](mailto:info@ruralcoffeecaravan.org.uk)**



Event funded by your local  
Integrated Neighbourhood Team