



WHAT'S NEXT FOR ME? WORKSHOP



SUPPORTED BY
SUFFOLK
Community
Foundation

APOLLO
HEALTH AND SOCIAL CARE

IS YOUR FAMILY CARING ROLE CHANGING?

WOULD YOU LIKE TO EXPLORE YOUR OPTIONS FOR
LEARNING, VOLUNTEERING AND EMPLOYMENT?

Join our 4 session workshop for family carers.

- Identify transferrable strengths and skills, acquired in your caring role
- Develop learning, volunteering or employment readiness skills
- Consider Health and Social care as an accessible sector
- Meet volunteering and training providers and potential employers

Please book your place in advance

www.suffolkfamilycarers.org/upcoming-workshops/
or contact us for bookings and enquiries:
supportprogrammes@suffolkfamilycarers.org or
call Louise Crisp on 01473 835458

Suffolk ●●●
Family Carers
Living Fuller Lives