

**MESSAGE  
CASCADERS**

# Self-isolation

## Financial Support



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**Suffolk Learning  
Disability Partnership**

# Self-isolation support payments



If you are on a low income and are unable to work because you have been told by NHS Test and Trace that you have to self-isolate, you may be eligible for a payment of £500.



This is as part of the Government's Test and Trace Support Payment scheme.

## To be eligible for a payment you must:



To be eligible for a self-isolation payment, you must be able to answer **YES** to the statements in the blue boxes on the next page:



**1. I have been told to self-isolate by NHS Test & Trace because I have tested positive for Covid-19 or been in close contact with someone who has.**



**2. I am employed or self-employed.**



**3. I am unable to work from home and will lose income if I don't go into work.**



**4. My partner or I receive benefits.**

For example Universal Credit or Housing Benefit.

# You may be eligible for a different payment instead if:



You may be able to access another type of financial support.

This is called a 'discretionary fund payment'.



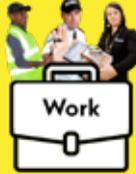
To be eligible for a self-isolation payment, you must be able to answer **YES** to the statements in the yellow boxes:



I have been told to self-isolate by NHS Test & Trace because I have tested positive for Covid-19 or been in close contact with someone who has.



I am employed or self-employed.



I am unable to work from home and will lose income if I don't go into work.



I am not receiving an eligible benefit such as Universal Credit or Housing Benefit.



(If you live alone) I **earn less than £19,200 a year.**



(If you live with a partner) **Together, we earn less £37,400 a year.**



I have less than **£3,000** in savings.

# How to apply



To apply for a self-isolation support payment, please complete the online application form from your local Council.

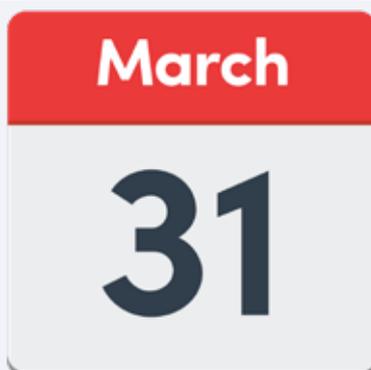


This is the Council you pay your council tax to.

Search 'Isolation Support Payment' and the name of the council you pay your council tax to.



Applications must be made within 28 days after the first day of your period of self-isolation.



The scheme is currently open until the:

**31<sup>st</sup> March 2021**

# What will I need when making an application?



- **Notification from NHS Test and Trace asking you to self-isolate (this will include an ID number)**



- **a bank statement confirming your name and address**



- **proof of employment. If you are self-employed you will need to show evidence of your income.**



**You will also need to show that your business delivers services which cannot be done without contact with people.**

## How will payments be made?



**Payments will be made by bank transfer to your bank account.**

## Further help is available



**If you are worried about your bills, your job or your home, call the Suffolk Advice and Support Service.**



**You can phone: 0800 068 3131**

**The lines are open Monday to Friday 9am-5pm**

This document was made in easy-read by members of the Suffolk Learning Disability Partnership.

It was commissioned by Public Health Suffolk.

## **To find out more about the Suffolk Learning Disability Partnership:**

Visit our website: [suffolkordinarylives.co.uk](http://suffolkordinarylives.co.uk)

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